



Annual Report

2009-2010

*Canadian
Paraplegic
Association
(N.B.) Inc.*

*Association
canadienne des
paraplégiques
(N.-B.) Inc.*



Additional copies of this report are available from:

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Annual Report 2009-2010

I am pleased to present our Annual Report for 2009-2010.

Board of Directors

2009-2010

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I am proud to be part of an organization that continues to “make it happen”. This past year has brought a renewed energy and focus and we continue to see the impact that our organization has on the health and quality of life of New Brunswickers with spinal cord injuries and other mobility disabilities.

In March, I was invited by the NB Department of Tourism and Parks to represent Brunswick and the CPA NB as a keynote speaker at Atlantic Canada House during the Paralympics in British Columbia. I was honoured to share the great work that is happening in New Brunswick. Our organization is a leader in Canada in many areas. A key example is our new partnership with the NB Department of Social Development – we are the first province to formally pilot and target our Rehabilitation Counselling services to seniors.

Close to 50% of New Brunswickers will develop a disability after age 65 often as a result of falls/injuries, medical complications or the onset of other conditions. At the same time, an increasing number of people with long term disabilities are experiencing the added effects of aging due to improvements in the detection and treatment of disease and advances in rehabilitation. We need to ensure the right services and supports are available at the right time and we are working with seniors to help them be as independent as possible for as long as possible.

This next year promises even more leadership. We have recently secured a two-year partnership with the Department of Post-Secondary Education, Training & Labour to be the first province in Canada to deliver the Pacific Institute’s *Discovering the Power in Me* program throughout our province, in both official languages. This program is based on applied cognitive psychology and provides people with disabilities and their families with the tools to manage change, set and achieve goals, lead more effectively, and think in ways to create success. On the policy front, we are going to continue to push for more accessible, visitable communities and ensure persons with mobility disabilities have access to the right disability supports.

My sincere thanks is extended to the Board, staff, and volunteers for their hard work and energy as we continue to make it happen.

Sincerely,

Courtney Keenan
Board President



Canadian
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(N.B.) Inc.

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paraplégiques
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About us...

A Community Movement

The Canadian Paraplegic Association was founded in 1945 by a group of veterans with paralysis. Formed in 1956 and incorporated in March 1990, the Canadian Paraplegic Association (N.B.) Inc. is a community-based non-profit agency governed by a volunteer Board of Directors.

Our mission

Our mission is to assist persons with spinal cord injuries (SCIs) and other physical disabilities to achieve independence, self-reliance and full community participation.

Our Core Services

The sudden reality of an SCI or the onset of any physical disability can be frightening and overwhelming. With perseverance and with the right supports, we can help people regain self-reliance and rediscover all that life has to offer.

We help people move forward! We are committed to client-driven, customized responses to the holistic needs of our individual clients, often in partnership with other service providers. Through our **Rehabilitation Counseling**, we work with clients to articulate needs, clarify and set goals, develop a plan of action and mobilize services. We offer continuous support, Information Services, community links, referrals and

follow-up. We also provide support to family members.

Through our **Case Management** and service coordination, we can coordinate the rehabilitation process including the client service network. We work to ensure clients are provided with services that progress toward their long term goals in an efficient, coordinated way from onset of injury or condition to full community participation, and beyond.

Thinking about re-employment, training, education, or continued employment? Our **Vocational/Employment Services** can help explore options consistent with values, skills, abilities, and interests. We can help: explore career options, research employers and labor market trends, develop a resume, search for jobs and prepare for interviews. Employers can use this service to evaluate work site accessibility and job accommodation.

Let's make exclusion History! We want people to live in a community without barriers. In our **Community Advocacy** we help identify, reduce and remove barriers that exclude people with disabilities and we work to ensure that our clients have access to the right supports and services.

Need to talk to someone who has "been there"? We know the value of **Peer Support**. We offer positive role models to help individuals and families adjust.



We can all be part of a proactive response!

Staff

Executive Director

Haley Flaro

Administrative Assistant

Cindy Comuzzi

Rehabilitation Counsellors

Liane Gould

Erinn Daigle

Kristine Johnston

Tammy-Lee Wright

Yvette Gaudet

Project Coordinator

John O'Toole

Marketing Officer

Joanne Reid

On a personal level...

- Get informed about how to prevent spinal cord injuries.
- Support our fundraising efforts!
- Write letters to community leaders and policy makers in support of public policy changes, supports and services for people with disabilities.

The CPA NB provides support and helps people with SCIs and other mobility disabilities reach their goals.

In 2009-2010, we...

- Provided rehabilitation counseling and case management services to 241 clients throughout New Brunswick.
- Received 84 new referrals including 9 individuals with new SCIs.
- Facilitated the attainment of 464 client goals. The most common goals included equipment, financial, home supports and housing goals.
- Began a pilot project, in partnership with the NB Department of Social Development, to provide targeted Seniors Rehabilitation Counselling services in Regions 1 (Westmorland, Albert & Kent Counties), 5 (Campbellton Region), 6 (Bathurst/Acadian Peninsula Region) & 7 (Miramichi Region).
- Responded to 99 information requests from the general public through our Information Services.
- Received an average of 504,033 hits per month and 2,646 visits per month on our web site www.cpanb.ca.
- Initiated an active living pilot project and held curling clinics in Fredericton; 50 people participated in the clinics including clients, their family members and potential coaches.
- Launched the *Ability Matters* project. Developed a bilingual DVD that features stories from 14 persons living with mobility disabilities in NB who share their successes in their education and employment goals. The stories are also available on our web site.
- Developed two new promotional posters and postcards that feature ambassadors Sabrina Durepos and Chris Aalders who share motivational quotes.
- Developed and disseminated a new pamphlet on our vocational/employment services.
- Developed a new pamphlet on how to prevent and care for pressure sores, in partnership with Lawtons Home HealthCare.





Among your family members, friends and co-workers, you can...

- Raise awareness of barriers faced by people with disabilities and develop solutions to address barriers in your community.
- Offer support to family and friends living with spinal cord injuries or other mobility disabilities.

The CPA NB helps to inform and support networks and influence public policy.

In 2009-2010, we:

- Actively participated in the following committees: Joint Community-based Ventilator Issues Committee, Ministerial Employ-Ability Action Group, Social Development Disability Support Committee, Rick Hansen Institute Solutions Model Committee, Easter Seals Transportation Committee, Recreation NB Inclusive Recreation Committee, Fredericton Community Action Group on Homelessness, Dieppe Accessibility Committee, City of Moncton Accessibility Committee, the New Brunswick Disability Executives' Network, and the Fredericton Chamber of Commerce Government Affairs Committee.
- Hosted the inaugural CPA Atlantic Summit in Moncton, NB. Forty-eight participants from all four Atlantic CPAs, the Rick Hansen Institute and other partner organizations participated in the Summit and it was recognized by Premier Shawn Graham in the Legislative Assembly.
- Developed a presented a position paper to the NB Department of Social Development on the Health Services program and access to pressure redistribution overlays and mattresses, hospital beds and power tilt/recline systems. Social Development will now accept requests from Occupational Therapist for these items and they have formed an exemption committee to review these requests. They also worked with our organization and other partners to develop the criteria for the program. A Health Services program review is also underway to look at program changes.
- Met with the Hon. John Foran, Minister of Public Safety to discuss the development of the barrier free regulation in NB. Minister Foran allocated a seat to our organization on the Public Safety Building Safety Advisory Committee. A provincial barrier free regulation is currently being finalized.

What our clients had to say when we asked how our services have helped them...

"I feel like someone is trying to help me and make my life a little better."

"Help to get funding for support workers... [and to] get back to work."

"Give me information when I need it."

"Just talking helps me deal with issues."

"Daily living advice, equipment help, advocate."

"Someone visited me, followed up, looked into help for my needs, and I feel supported."

"Transportation...health advice."

"Your prompt actions gave me peace of mind."

Taken from our 2010 Quality Assurance Program Survey



As a community...

- Get involved in organizations that work towards the development and improvement of public policy and services that support the economic and social inclusion of persons with disabilities.
- Participate in community initiatives aimed at increasing awareness of disability issues and generating funds for community supports and services.

The CPA NB supports community opportunities.

In 2009-2010, we:

- Co-hosted a spinal cord injury awareness month event with Premier Shawn Graham. Held a wheelchair basketball game in front of the Legislature with the Premier, Minister Kelly Lamrock and MLA Jack Carr.
- In partnership with the corporate community and volunteers, delivered our signature fundraising and awareness events including the *\$1 Million Hole-in-one Shootout*, *Feast in the Field*, and the *Art & Antique Auction*.
- Began a first time partnership with the Rick Hansen Institute to deliver Wheels in Motion events in Moncton and Fredericton.





Service statistics summary 2009-2010

Total active caseload:	241
Number of new referrals (all):	84
Number of clients with new spinal cord injuries:	9

Profile of active clients by disability group:

Paraplegia: 44	Acquired Brain Injury: 9
Quadriplegia: 32	Fibromyalgia: 6
Other neurological conditions: 40	Amputation: 5
Cerebral Palsy: 31	Arthritis: 5
Multiple Sclerosis: 23	Post Polio: 4
Muscular Dystrophy: 12	Diabetes: 3
Spina Bifida: 13	Amyotrophic Lateral Sclerosis: 1
Hemiplegia: 13	

Profile of active clients by region:

Region 1 (Westmorland, Albert & Kent Counties):	66
Region 2 (Sussex to St. Stephen, including Saint John):	27
Region 3 (Fredericton/Woodstock/Minto Region):	106
Region 4 (Edmundston/Grand Falls Region):	8
Region 5 (Campbellton Region):	8
Region 6 (Bathurst & Acadian Peninsula Region):	13
Region 7 (Miramichi Region):	13

Profile of active clients by age category:

birth—16	10
17—29	47
30—40	48
41—54	72
55+	64



Thank you to our in-kind supporters in 2009-2010

106.9 Capitol FM
Ada Chapman
Air Canada Kids Horizon
Alex Green/PSAV
Alvin Richard
Andrew Henderson
Barrett Corporation
Betty Vautour
Bird Holdings Ltd.
Bleuets NB Blueberries
Brewbakers
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Brookside Storage
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Crowne Plaza Fredericton Lord
Beaverbrook
Daniel Price
Debb Ferris Bates
DiningPick.com
Doreen Boudreau
Eileen Toole
Elizabeth Greenfield

Fredericton Civic Pride
Garrison District Ale House
Guy Vezina
Hilltop Grill & Beverage
Company
Hugh Cameron
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Lloyd Fitzgerald
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Millar Motors (1996) Ltd.
Molson Canada
Moosehead Breweries
Nubody's
Patty Pendleton
Peter Gorham
Phillippe Dandurand Wines
Ltd.
Picaroons Traditional Ales
Ramada Fredericton

Riverside Resort and
Conference Centre
Roberta Melanson
Ryan Kingston
Sheila McPhee
Spicer Smith & Cole Fine
Jewellers
Terry Leavitt
The Daily Gleaner
The Fox FM
The Happy Baker
Toredown
Trainor Surveys (1974) Inc.
Trius Charter Bus Services



Thank you to our major financial supporters in 2009-2010

Anonymous	NB Department of Post-Secondary Education, Training & Labour
Astral Media Radio Atlantic	NB Department of Social Development
BAI Golf	NB Department of Wellness, Culture and Sport
Barbara Hughes-Campbell	New Brunswick Paraplegic Foundation
BMO Charitable Foundation	Newcastle Lions Club
Boutouche Lions Club	Priority Personnel Inc.
Centre for Arts & Technology	Richibucto Lions Club
Chews Box	Rick Hansen Foundation
Club Richelieu Bathurst	Riverview Ford Lincoln Sales
Compu College	RJ Bartlett Engineering
Covey Basics	Ross Drug
Cox & Palmer	Royal Canadian Legion #37
Curling Beausejour	Service Canada
Dalhousie Lions Club	Spectrum Vision Clinic
Extreme Window and Entrance Systems	Stan Cassidy Centre for Rehabilitation
Fredericton Lions Club	Sussex Area Community Foundation
Group Health Atlantic Partners	The Dominion of Canada General Insurance Company
Havelock Lions Club	Tim-br Mart Premium Insulation
Humphrey, Lewisville, Sunny Brae Lions Club	TNT Insulation and Building Supplies
Investors Group	UCT Fredericton Council 746
JB Real Estate	United Commercial Travellers Restigouche
Jean Coutu	United Way/Centraide (Central N.B.)/Region du Centre du (N.-B.) Inc.
Kinsmen Club of Nashwaaksis	UPS
Lawtons Home Healthcare	Wendy's Restaurants of Fredericton
Liane Groves Realty Ltd.	York Funeral Home
Lions Club Shippigan	
Le Cercle des Femmes Acadiennes et Francophones de Shippigan	
Nashwaaksis Lions Club	

Note: Due to privacy regulations, our Association does not publish the names of individual donors without their expressed written permission. Thank you to the many individual donors who make our services possible!





Volunteer Corner

"I always wondered why somebody didn't do something about that. Then I realized I was somebody."

--Lily Tomlin

Volunteers are the cornerstone of our efforts. In 2009-2010, 104 volunteers contributed 790 hours in the following areas: Board of Directors, special events and projects, and office support.

In September 2009, the following groups received *Volunteer Awards of Excellence* for their contributions to our organization:

Toredown



In photo, Pat Guest (right) Vice President of the Board of Directors CPA NB presents Pete Stafford, a member of the Fredericton band Toredown, with a *Volunteer Award of Excellence* for their volunteer contributions to our annual *Feast in the Field* event.

George Street Blues Project



In photo, members of George Street Blues Project (from left to right) Cathy Hutchinson, Jeff Barnes and Mary Milliken receive a *Volunteer Award of Excellence* from CPA NB Board Treasurer Beth Corey (far right) for their volunteer contributions to our annual *Feast in the Field* event.

CANADIAN PARAPLEGIC ASSOCIATION (NEW BRUNSWICK) INC.

STATEMENT OF REVENUE & EXPENSES

FOR THE YEAR ENDED MARCH 31, 2010

	2010	2009
Revenues		
Government:		
Federal	\$ 52,861	\$ 52,267
Provincial	191,100	142,293
United Way	43,517	48,220
Fee for service	1,924	4,309
Fund development	105,409	99,315
Rick Hansen Foundation	95,975	72,344
Miscellaneous	<u>5,909</u>	<u>2,572</u>
	<u>496,695</u>	<u>421,320</u>
Expenses		
Advertising & promotion	7,677	8,761
Bank charges	733	835
CPA National Assessment	6,987	9,038
Equipment lease	6,575	6,617
Equipment purchases	2,830	1,952
Fund Development	27,455	29,392
Insurance	4,976	6,404
Materials	29,348	20,642
Office	5,708	4,389
Professional development	4,161	2,298
Professional fees	26,535	10,129
Rent & utilities	37,185	36,422
Travel & meetings	51,794	23,108
Wages & benefits	<u>302,255</u>	<u>282,397</u>
	<u>514,219</u>	<u>442,384</u>
Net Revenue	<u>\$ (17,524)</u>	<u>\$ (21,064)</u>

Shannon & Buffett, LLP
Chartered Accountants

Note: This statement is an excerpt from the full set of financial statements on which an audit report has been issued dated August 12, 2010.

Curling for everyone

Free wheelchair/stick curling clinics will be held on Saturday, Feb. 27

By LORI GALLAGHER
gallagher.lori@dailygleaner.com

Stick curling offers challenge, excitement and a chance to socialize with others who enjoy being active.

Better still, it is easily adapted for those with mobility impairments. With that in mind, the Canadian Paraplegic Association (N.B.) Inc. is hosting a day of wheelchair/stick curling to introduce people to the sport.

On Saturday, Feb. 27, potential coaches, as well as CPA (N.B.) Inc. clients and their families, will get a chance to give wheelchair/stick curling a try at the Fredericton Curling Club.

The activity is a great fit for an organization that has been serving clients in the province with mobility impairments for about 50 years, providing mainly rehabilitation counselling services, says Haley Flaro, executive director of the Canadian Paraplegic Association (N.B.) Inc.

The idea for this came out of a phone survey the association did with clients in 2008.

"We were fortunate enough

Fast facts

What: The Canadian Paraplegic Association (N.B.) Inc. and the Canadian Curling Association are teaming up to deliver free wheelchair/stick curling clinics on Saturday, Feb. 27

Information: Two clinics will be held at the Fredericton Curling Club on the Exhibition Grounds. The coaching clinic will run from 10 a.m. to noon and the curling clinic will run from 1-4 p.m. You must register by Feb. 22.

Contact: To learn more or to register, call 462-9555 or email cpanb@cpanb.ca

to have a master's student (from the University of New Brunswick) take on the survey. Her passion and background was kinesiology and she suggested that we add a specific component about recreation and leisure and those kinds of activities," says Flaro.

"Those are things we've always helped clients navigate and get involved in one-on-one."

The biggest thing that came out of the survey was the majority of clients identified that prior to their injury or diagnosis of disability, they were quite active. Yet after diagnosis or injury, the majority of them were falling into inactive pursuits.

"When you asked them about their leisure and rec-

reation activities, it was TV watching and reading. This wasn't everyone, but it was a really high percentage," she says.

Some of the barriers identified to participating in recreational activities included money, transportation and lack of information.

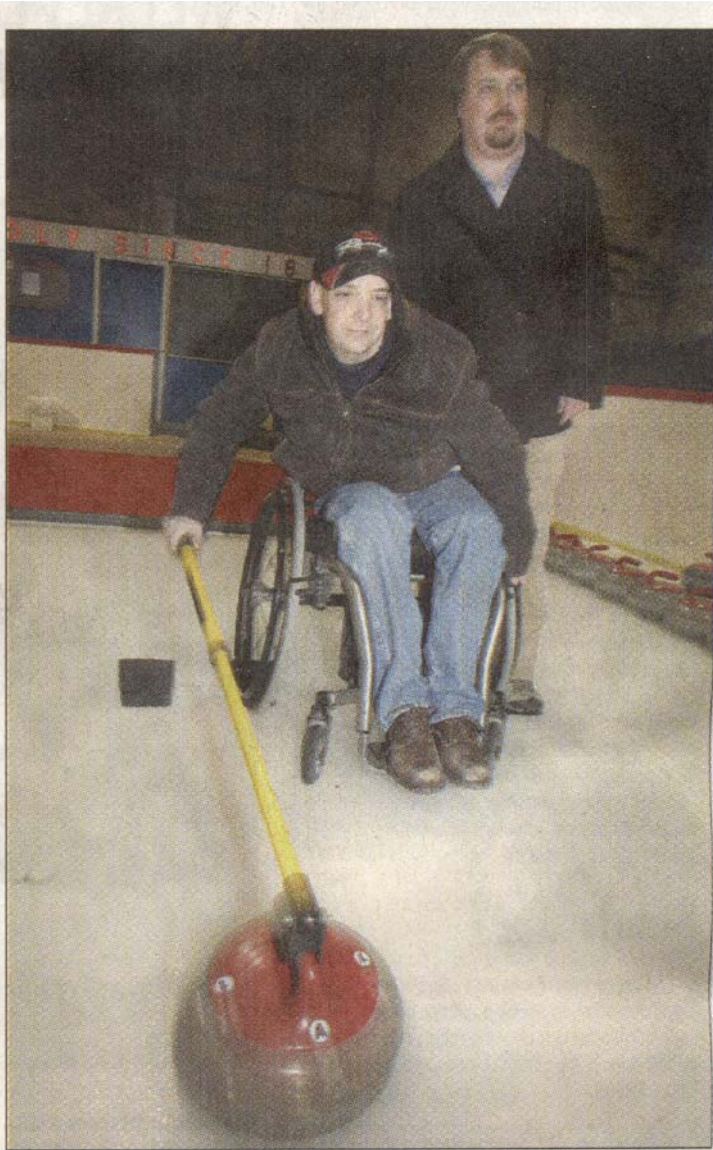
"When we do surveys, because we work from this community development perspective, we ask them about solutions to it," says Flaro. "They really wanted to see CPA get more actively involved in delivering recreation activities and working more in trying to find adapted recreation activities."

They asked clients what activity they would like to see the organization initiate and get involved in.

"Several of our clients said, 'What about wheelchair curling?' New Brunswick and P.E.I. are the only provinces in Canada that haven't fielded wheelchair curling teams to the national championships. Our clients were saying it would be nice to formally introduce it in New Brunswick," she says.

"When the Fredericton Curling Club moved into the coliseum, we now had a relatively accessible rink. That was an opportunity to try and get something going."

The Canadian Curling



THE DAILY GLEANER/STEPHEN MACGILLIVRAY PHOTO

Ready to play: Jonathan Alexander uses a special curling stick to curl at the Fredericton Curling Club. With him is Brad Coughlin, a volunteer with the Canadian Paraplegic Association (N.B.) Inc.

Association is sending two wheelchair curlers from Nova Scotia that are trained coaches for the wheelchair/stick curling event. On Feb. 27, they're going to run a morning clinic for people that want to coach wheelchair curling, says Flaro. The afternoon will be open

to clients and their family members.

"We could have had any curler train another curler, but the neat part of this is we're actually having individuals with mobility disabilities who are

Please See **Curling** /C4

Curling: 'Anyone can try stick curling'

Continued from /C1

wheelchair curlers themselves and certified. They'll be coming in to do both sessions, including the session for clients," she says.

"We're encouraging families to come too. Anyone can try stick curling, standing or not."

Brad Coughlin is looking forward to the event. He'll be taking the coaching clinic, then sticking around for the afternoon session to help train new wheelchair/stick curlers.

"I curl twice a week and I'm a volunteer at the CPA, so it seemed like a nice fit," he says.

Curling is a great recreational activity for people of all ages, he says. "I'd recommend it to anybody."

Jonathan Alexander is hoping to get some tips by coming out for the day, he says. He'll be on-hand to help out as the coaches learn, then in the afternoon he will join other CPA (N.B.) Inc. clients as they learn more about the sport.

Alexander had the opportunity to join a wheelchair/stick curling team when he lived in Nova Scotia, but it involved too much travel time. He looks forward to being able to play it here.

"It's just involvement in different sports," he says. "There's not a whole lot out there as far as wheelchair sports."

He's interested in seeing who comes out to the session on Feb. 27, to see what kind of involvement they get.

"And to see how different people do it and adjust to it."

CPA (N.B.) Inc. received a grant from Wellness, Culture and Sport to put on this event, says Flaro, to cover the coaching cost and transportation for participants.

"We're excited about it. There is no formal wheelchair curling program in New Brunswick, so it's a first and we're glad that it's starting in Fredericton."

Recreational activities such as wheelchair/stick curling have the potential to bring so much to people's lives.

The project also fits perfectly in the peer support model, she points out.

"Historically when you hear about peer support, people think about putting people in rooms in a circle and you're all talking to each other. (This) has a lot of value, but times have changed and peer support is something that happens naturally."

The association hopes this is just step one, as its goal is to have a full-time active living program for people with mobility disabilities in the province.

The event on Feb. 27 is open to a wide range of people, says Flaro.

"We want people with mobility disabilities. We want family members to come out, caregivers. Stick curling can be done as a family," she says.

"For the morning, anyone from area curling clubs who wants to can come out to learn. The coaching session is focusing on the unique aspects of wheelchair curling and will sensitize people to working with people with disabilities."

To learn more, call 462-9555 or email cpanb@cpanb.ca. The coaching clinic is from 10 a.m. to noon on Feb. 27 and the curling clinic is from 1-4 p.m. Registrations must be received by Feb. 22.

OUR CARING COMMUNITIES

| CANADIAN PARAPLEGIC ASSOCIATION (N.B.) INC.

Helping clients navigate the system



THE DAILY GLEANER/LORI GALLAGHER PHOTO

By LORI GALLAGHER
gallagher.lori@dailygleaner.com

When

you're dealing with mobility issues, knowing where to get help is just one more challenge you face — luckily, the Canadian Paraplegic Association (N.B.) Inc. is there to help.

For more than 50 years, CPA (N.B.) Inc. has been assisting those with spinal cord injuries and other physical disabilities to achieve independence, self-reliance and full community participation.

No one is more aware of the important role they play than the clients they serve, clients like Raymond Mazerolle and Frances Gallagher.

Mazerolle was living in Bathurst when he had the accident that put him in a wheelchair.

"I had my accident in 1975, I

fell off a house," he says.

He didn't become a client of CPA (N.B.) Inc. until after he moved to Fredericton a number of years later. He's been a client on and off since then.

"I always come back for more," he says. "You can't get ahead with government without these guys."

In those early years, he didn't have a lot of support outside of family and friends. The staff at CPA (N.B.) Inc. has made a huge difference in helping him get things done.

Currently, he's trying to get assistance to help renovate his home, so it is easier for him to use.

"We're starting to get some results thanks to these girls,"

he says of the rehabilitation counselors he has worked with at CPA (N.B.) Inc.

Gallagher feels much the same way about the staff and what they've been able to do to help her.

In her case, the issue was decent, accessible housing.

The apartments

she's lived in over the years have been greatly in need of repairs. Another big issue has been stairs. Gallagher has had cerebral palsy since she was 16 and has difficulty going up and down stairs.

"When I do go places, I have



SUBMITTED PHOTO

Learning opportunity: In May, during Spinal Cord Injury Awareness Month, a wheelchair basketball game was held in front of the Legislature. It was a chance for local athletes to take on some of the provincial politicians, including Premier Shawn Graham, Kelly Lamrock and Jack Carr.

to walk slow, as my leg's not as good as it used to be," she says. "I used to walk quite a ways in my lifetime, but now I can't do it."

No matter the problem, she found that in general people didn't want to listen to her. At least not until she spoke with the staff at CPA (N.B.) Inc. Thanks to their help, she's now living in a nice new apartment where nothing needs to be fixed.

"God was on my side and the paraplegic (association) was on my side," she says. "If they weren't around, I don't know who would help."

The information she receives from the association, she says, is 100 per cent worthwhile.

"They're excellent. If they weren't around, I don't know any other place that would be available to help," says Gallagher.

Mazerolle adds, "Who would listen to us?"

The staff of CPA (N.B.) Inc. does more than listen.

"We've been around for about 50 years in New Brunswick and people don't realize that we're one of the long-standing disability groups," says Haley Flaro, the executive director of CPA (N.B.) Inc.

It's main service is the rehabilitation counselling, she says, noting that the public doesn't often know what that means.

"A rehabilitation counsellor is an allied health and human services professional who works with individuals experiencing injury, disability and/or social disadvantage to achieve occupational, personal and social goals," she says.

"We help clients and their families find safe, affordable, accessible housing; apply to funding programs to modify

their homes or obtain appropriate equipment; explore education and employment options, get involved in recreation and leisure activities. We help people live as independently as possible."

Though the job can involve different things on a day-to-day basis, it often involves helping clients navigate through government programs, says Flaro.

"We want to be those navigators ... that's a really big concept for us."

What makes the association unique, she says, is that the staff tries to meet with individuals in their homes and in their communities.

"I feel more comfortable, it makes a client feel more comfortable when they come to your home," says Mazerolle. "I open up more."

Flaro says that the association's referrals have increased more than 400 per cent over the previous year's, jumping from 25 referrals a year to 114. Its clients range from children to seniors and include people with spinal cord injuries and other mobility-related disabilities, such as muscular dystrophy, cerebral palsy, spina bifida, multiple sclerosis, amputations and amyotrophic lateral sclerosis, and their families.

"We're seeing an increased demand for people needing navigation services and support," she says. "Our biggest increase in populations have been seniors, 55-plus, and children and youth as well."

This has resulted in the association having to change its service delivery a bit, as they used to mainly work with young adults and adults.

"We know we're promoting ourselves more, but we also know there is an increased

Fast facts

What: The Canadian Paraplegic Association (N.B.) Inc.

Information: CPA (N.B.) Inc. has two upcoming events to raise money in support of the programs it offers to help those with physical disabilities and mobility impairments. On Aug. 21-22, Carmen Creek Golf Course is hosting the \$1 Million Hole-In-One Shootout and on Sunday, Sept. 13, Feast in the Field is being held at the Riverside Resort and Conference Centre.

Contact: To learn more, call the CPA (N.B.) Inc. office at 462-9555 or visit www.cpanb.ca

need," says Flaro. "New Brunswick has the second highest disability rate in Canada, and mobility related disabilities are still the most prevalent disability in New Brunswick."

More than 82,300 New Brunswickers over the age of 15 have a disability related to mobility — that's 11 per cent of the population — and more than 34,500 New Brunswickers over the age of 65 have a disability related to mobility.

CPA (N.B.) Inc. is able to do the work it does thanks to having a good, strong team in place, including the great rehabilitation counsellors, says Flaro.

"We look at all the different aspects in a person's life," says Tammy Wright, a rehabilitation counsellor with the association. "In Frances' case, we help her with recreation as well, as that is a big part in community integration."

As a non-profit organization, CPA (N.B.) Inc. depends on fundraisers and donations to be able to offer the services it

Please See **Association /C2**

Association: Community fundraisers are key in helping CPA (N.B.) Inc. provide programs and services to its clients

Continued from /C1

does. In fact, says Flaro, its reliance on community fundraising, including United Way, is 53 per cent of its annual budget.

Currently, staff is preparing for two of its annual fundraisers — The \$1 Million Hole-In-One Shootout and Feast in the Field.

“The 13th annual \$1 Million Hole-In-One Shootout is scheduled to take place Aug. 21-22 at Carman Creek Golf Course,” says John O’Toole, the event co-ordinator with CPA (N.B.) Inc.

“It’s a fun two-day event. We encourage everybody of any skill level (to come), you don’t have to be a golfer to participate.”

You can purchase golf balls for \$1 each and take your shot at being one of the top 10 finalists and a chance to win \$1 million in the finals, he says.

“Corporate day is Friday, (Aug. 21), and that is an excellent opportunity for local businesses to participate in the event,” says O’Toole.

“They can purchase a corporate box and for one hour they can have up to four individuals taking unlimited shots.

“The goal is to qualify as many shots as they can.”

This is an opportunity for businesses to network, do some team building or reward staff or clients, he says.

“Everything finishes up on Saturday, (Aug. 22), with our finals and semi-finals in the afternoon,” he says. “It’s a fun event.”

The ninth annual Feast in the Field is taking place Sunday, Sept. 13, at Riverside Resort and Conference Centre. Tickets are on sale for \$50 each.

“Folks can participate and enjoy an afternoon sampling different foods from local restaurants and chefs and various beverages from local suppliers,” says O’Toole.

“There’s a strong line up of entertainment. We have two bands, SpeakEasy and Toredown, performing.”

To learn more about either event, call the CPA (N.B.) Inc. office at 462-9555 or visit www.cpanb.ca.



Recognitions

The CPA NB is proud to present the following recognition awards for 2009-2010:

Volunteer Awards of Excellence

Jonathan Alexander

Debra Connors

Caring Community Partner Awards

Brunswick Accessible Taxi (B.A.T)

United Commercial Travelers Fredericton Council #746

Caring Corporate Partner Awards

TNT Insulation & Building Supplies

Moosehead Breweries

Ambassador of the Year Award

Brenda MacAlpine

Junior Ambassador of the Year Award

Kellianne Richardson

Media Commitment to Community Award

Your Morning Fix on the Fox